



KLC 'Ohana News



NOVEMBER 2020

KIHEI LUTHERAN CHURCH

Pastor Joel Martyn



Planning the Budget

ATTENTION KLC MEMBERS! BUDGET PROCESS AND DECEMBER MEETING

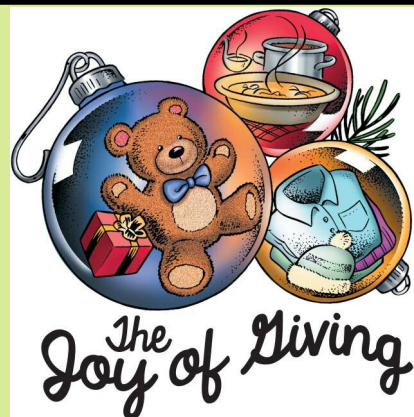
In an effort to streamline the budget process our church Council is publishing a draft of the budget and soliciting feedback. [Please click here to see the draft budget.](#) You may ask questions directly to Janet Harp janetkharp@gmail.com or Margie Terluin margiet3511@gmail.com or by using the Question Box.

The congregational meeting for the Budget has been set for December 6th right after service. Please plan on attending as we need a quorum to conduct official church business.

In these uncertain times its always good to look ahead. So we are starting this month by thinking about the families at the Keolahou Food Pantry. We know that in this difficult time there are a lot more individuals who need a bonus push this coming Christmas. Let's do what we can to help out.

KEIKI CHRISTMAS

This year we will continue our tradition of purchasing gifts for the children served at Keolahou Food Pantry. The Outreach Committee feels that it is especially important to continue to support Keolahou now and to help the families they serve. We feel that this year especially, with so many families struggling, we can help providing gifts for the children. We know there will certainly be more children than last year but are committed to insuring all the keiki receive gifts. Due to COVID we are asking that you make a monetary donation towards the purchase of gifts for the keiki rather than purchasing gifts yourself. The suggested donation is \$15 per child, but donations of any amount are greatly appreciated. Donations can be sent to the church office or left in the offering. Please be sure to clearly label your donation Keiki Gifts either at the bottom of your check or on an envelope with your cash donation. For questions or further information please contact Nels or Renee Romerdahl, 874-5695.





STEWARDSHIP

Janet Harp kindly shared the following personal story with stewardship and others and gave permission to share it with the congregation. There's nothing to add - Janet says it all so beautifully.

“GOD MATH”

About 20 years ago, I belonged to a small start-up church that was worshipping at an elementary school and doing various campaigns to raise funds to build a church facility. Our pastor had everyone read and study a book called When God is First, by Mike Hayes. It's a very interesting book, and I learned a lot about Hebrew offerings, sacrifices, and traditions as well as where the tithe came from and its importance. But the central theme throughout the book is law of first things.

After finishing the book, I realized my own offerings were lacking. I'm an accountant by training and I work with data and numbers. I definitely understood my personal budget situation and didn't really see how I could increase my giving. But I took a leap of faith and increased my giving by \$25 a week. I also "rearranged" my budget and thinking and made sure that my giving was the first check I wrote (following the law of first things). The book had pointed out that the offering by Abel was the first born of his flocks where Cain's offering was not. He had kept the first fruits for himself which is why God was not pleased. However, I also told God that if I got to the end of the month and had to pull \$100 out of my savings to cover my bills our deal was off.

And here's where the "God math" comes in. I didn't have any problems covering my bills that month or in subsequent months. I also can't tell you where I made changes to come up with the extra money. I didn't feel like I had eaten out less or shopped less. But I must have because the bills were covered. By putting God first, I must have had a change of heart about my personal spending and that made all the difference. It's got to be "God math" because I can't explain it.

The "God math" continues to work in my and Peter's lives. We're always amazed by it but not as surprised by it any more.

**Donations
are Greatly
Appreciated!**

WAYS TO GIVE

This has been an unusual year in many ways. Although we are worshipping inside and outside the church building, we are still unable to spend time with all of you. Through it all, our work as a church continues. Our staff still works, in fact even more hours, to record worship services and handle daily needs. We "visit" our ohana through phone calls and in other creative ways, help with

needs, collect and deliver food, and all the other things it takes to support the congregation and the community.

Without our regular visitors, with some members choosing to move closer to mainland family, and with job loss on the island as across the country, we are now at a point where the gifts coming to KLC are smaller than the expenses we still have to pay. We have gone through the budget to lower or eliminate as many expenses as possible, many resulting from KLC and other groups not being fully open at this time. We received a Payroll Protection Program (PPP) loan from the federal government to cover payroll for a while, but those funds have been used. We now must rely on contributions, which have begun to lag behind expenses.

We are asking for your help if you are able to do so. Please consider making a donation to the continuing life of KLC. Any amount will help. Small contributions blend together to become large blessings. You can give through the church website, www.kiheilutheran.org by clicking on the "Give" button at the top right of the home page. Or you can download the "Givelify" app to your iphone or Android, then search for Kihei Lutheran Church. Both are completely safe and easy to use. Of course, checks in the mail work too.

We look forward to the time when we can all be together again sharing worship and friendship. Until then, our prayers are with all of you. Take care, stay well, and know that you are loved.

ALOHA FROM PASTOR JOEL



Joel
Martyn



When you have a project to do it is important to have the necessary tools to complete the project in a timely and successful manner. When we do not have the necessary tools for a job, my experience has been that the job difficulty is exponentially larger than it should have been. Take for example the time I tried to replace the front driver's side axle on my truck. I didn't have all of the necessary tools to do the job, but, I had plenty of other tools that I could choose from to attempt the job. In this instance what should have only taken me an hour, ended up taking twelve. Or the time that I needed a simple chisel to cut away some excess wood on a wood floor that I was installing. Instead of using a simple chisel, I decided to use a flat head screwdriver. When I pounded on the end of the screwdriver to trim the wood, instead of cutting cleanly it smashed and pulverized what should have been a neatly trimmed piece. Unfortunately, I have many of these stories.

Having the necessary tools is also important when it comes to living in times of great stress. Our mental health is important, and unless we have the proper tools and understanding of mental health awareness, we will have a much more difficult time coping. We have been in this pandemic state for much longer than any of us thought we would be, and so I feel it is important to look once again at mental health.

Below is an article that I found on the Trinity Lutheran Church (Stillwater Minnesota) website. I found it to be a very good reminder of mental health awareness. Please read on.

Blessings,
Pastor Joel

UNPRODUCTIVE YET EXHAUSTED? OVERFUNCTIONING AND AFRAID? ANXIOUS AND LOSING SLEEP?

By Trinity Members Rachel Parkin, LICSW & Erica Kanewischer, PhD, LMFT

You are not alone. Most people are reporting at least one of these groups of symptoms during this challenging time. During the uncertainty, anxiety, fear and isolation of this pandemic, our brains are in a constant state of hypervigilance; working to protect us from this new place of vulnerability by releasing stress hormones to prepare our bodies for a fight or flight response. Our bodies are made to do this really well for a short amount of time, but as weeks have turned into months, this response system is getting tired. And so are we. Add to that the fear of getting sick, grief over the loss of a loved one, financial stressors and loss of our "village," and you can see our brains are working overtime. Even when we are home and feel we are not accomplishing much, we are exhausted; not because our bodies are working hard, but because our brains are.

So what can we do as this time continues?

Allow ourselves to feel however we do on any given day. Sometimes needing more rest, sometimes hopeful, sometimes angry, sometimes sad. Emotions are felt physically in the body, letting ourselves feel, with self-compassion, releases these physically from the body and reduces the chance of a post traumatic response later on.

Continued on the next page

Lower your expectations of yourself and those around you.

Create a loosely structured routine to give yourself a rhythm and increase a sense of predictability—include things you enjoy! Plan even small things with your household so that there are those positive things that can be looked forward to and enjoyed together. Including times for exercise and moving the body is important.

Immerse yourself in nature. The signs of spring remind us that just as the seasons change, this too will not last forever. While in nature pause and take time to focus on each one of your five senses. When we tune into our senses it is easier for our brains to feel less anxious and in the present moment.

Practice an anxiety reduction strategy and get plenty of rest. If your sleep is disrupted, or anxiety feels like it's taking over—try a breathing exercise, visualization, or a meditation app—we have found Smiling Mind, Headspace, and Calm apps to be helpful. A simple practice is placing your hands on your belly, slowly breathing in for the count of four—holding your breath for the count of four—exhaling for the count of four—holding your breath for the count of four—and repeating this. Notice the feeling of the air coming into your nose, your belly rising, let your shoulders slide down and your jaw relax. This is also a time where you can pray—a simple “God, be with me” or a longer conversation with God is calming and connecting. Close your eyes and imagine a favorite spot and notice yourself there. A place you feel good, calm, safe. Notice all your senses in this favorite place, what do you see, smell, hear, what can you watch that is moving? Your brain does not know the difference between imagining yourself there and actually being there! You will notice the calming effect as if you are there. Even a 5-minute practice during a busy shift or crazy household time will help.

Stay connected. Reach out to family and friends via video, connect with your community, talk about your experience. Hearing familiar voices and seeing familiar faces will help ground you.

Seek additional support when needed. If what you have tried does not feel like enough, you feel unsafe, or you are on the front lines of this crisis, there is help in our community. Most counselors are supporting people through telehealth video or phone calls. Reach out and ask for what you need, whether short-term support or more long-term in-depth counseling. A simple internet search for counselors in your area will provide a place to begin. These conditions are stressful and can cause an increase in relational strain, triggering of past pain, and an increase in mental health symptoms you were managing prior to this time. This challenging time is also an opportunity for connection with loved ones, to simplify and re-prioritize life and being intentional. Together we can all help each other to remain hopeful, practice gratitude, and re-ground ourselves in the hope and peace of God's promises “For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11.

SERVICE LINKS FOR THE PAST MONTH

Sunday, October 4th: Aloha my friends. [Here is the link to the worship service.](#) I hope and pray that you are all doing well and staying healthy.

Sunday, October 11th: Grace and peace be with you all! [Here is the link to the worship.](#)

Sunday, October 18th: [Here is the link for worship.](#) I really do hope that you enjoy it. I look forward to seeing you all in person soon. Mahalo!

Sunday, October 25th : [Here is the link for the worship service.](#) Blessings to you all.



PRESIDENT'S REPORT

PRESIDENT'S REPORT

I recently came across this devotion (authored by Fran Bunn) and share it with you here as a potential word of hope during these uncertain times.

In Philippians 4:6, the Bible tells us, "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God." How we can pray for peace is simple. First, honestly declare your belief and trust in God as your Lord and Savior. Then make your request of peace known to God in whatever personal sense you need.

COVID-19 is a bad thing, but there are good gifts that God can bring even from this. As I think about my own life, and maybe this is true for you, through COVID-19, I have been reminded that I do not control my life. COVID-19 has shown me that I am utterly and completely dependent on the living God. If I think I am in control of things, that is merely a pleasant illusion. Jesus Christ, God's Son, knew that he was utterly, completely and totally dependent on his Father. So to the extent that you and I realize our dependence on God in these days, we are being conformed a little bit more into the image of his son Jesus." (end of excerpt)

This month is typically the month of Thanksgiving, not just the holiday but the season of giving thanks. This may be a difficult "exercise" to do during the pandemic, but we should all count our blessings. I am thankful for my Kihei Lutheran Church ohana. KLC has blessed us with many experiences and friendships that we will treasure forever. Truly KLC has become our ohana. Although we have no family on island, my daughter now has dozens of aunties and uncles at KLC that spoil her with love (and sometimes too much sugar!). I feel grateful to be a part of the great work that KLC does in the Maui community by supporting ministries like the KKE, Keolahou Food Pantry and the Kihei Youth Center.

It is true that during this pandemic, it is easier to see the clouds instead focusing on the sun. I know I have fallen trap to it. Let us take this month of giving thanks and try to remind ourselves all of God's blessings.

Please be sure to read all of KLC's communications. Members - please note the important congregational (budget) meeting on Sunday December 6.

Ke Akua pū

Phil

ZOOM GET TOGETHERS

Because times are still so uncertain it is always a good idea to still stay connected to people any way we can. One way would be through zoom get togethers. Some groups have been Zooming for a couple months. To help gauge the interest in these types of get-togethers, please contact the office at klc@kiheilutheran.org with an idea or something you may want to discuss. An example could be a bible study, coffee and conversation, catch up on weekly event, etc. It is also nice to see each other. It really lifts the spirits of those who have been gathering in this way. For example, the choir has been meeting every week for a Happy 40 minutes. This is not a commitment, it is just another way to connect. If anyone would like to be a part of the choir Happy 40 minutes (this doesn't

mean you have to be part of the choir now 😊), learn about using Zoom and how easy it is, please contact our Music Coordinator, Beth Fobbe-Wills at beth@willsmaui.com.





REPORT OF THE OCTOBER 20 COUNCIL MEETING

A regular meeting of the KLC Council was held virtually via Zoom. There was a quorum present. Council members reported on the joy of connecting with various KLC ohana on their call lists.

The Pastor's Report included information about fixing the PV system at the parsonage. Twenty solar panels are being donated and labor is being done by a friend of Pastor Joel. There may be some costs for replacement parts, but this is being done at a big savings to KLC and the recent problems will be fixed.

In the President's Report, Phil spoke about finally being able to elect new Council members at the December 6 Congregational Meeting. If anyone would like to be on Council or has a suggestion of someone we should invite to be a member of Council, please contact one of the Nominating Committee members: Phil Proctor, Marilyn Hopkins, Andrea Harris and Joy Nelson.

There will be about \$500 of the government PPP loan that does not qualify for forgiveness and we will pay back. Information is prepared to apply for loan forgiveness as soon as the Bank of Hawaii provides the required forms.

The stewardship campaign began October 18. Letters and pledge cards were sent to 93 households. Information about how money in the budget is spent is being included in eblasts, the newsletter and personal emails.

Line Item 5110, Continuing Education – Pastor, was added to the budget to comply with the terms of the contract we have with Pastor Joel. A draft of the budget was approved by Council and can now be sent to the congregation for their review and feedback prior to the December Congregational Meeting.

At the request of Jerry Kistler all money remaining in the Nancy Kistler memorial fund was transferred to the Keolahou Food Pantry children's Christmas gift fund for Christmas tree gifts.

The next regular virtual meeting will be November 17 at 7:00 p.m.

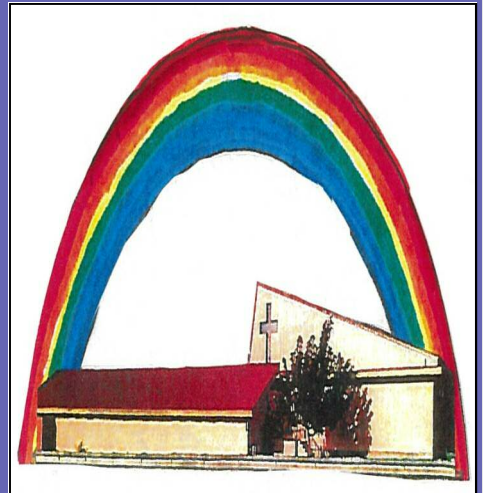
Respectfully submitted,

Marilyn Hopkins

To see a copy of the approved September Council Minutes please [click here](#).

Important Statistics

Sept	2019	2020
Average Sunday Worship Attendance	107	45
Offerings For The Month (members & visitors)	\$29,304.55	\$20,177
Offerings – Year to Date (members & visitors)	\$257,670.25	\$228,266.75



KLC is a qualified section 501(c)(3) organization. All offerings or donations are tax deductible under section 170 (c)(2) of the IRS regulations. Making an offering/donation constitutes your agreement to relinquish control in accordance with those regulations and KLC policies.



Prayer Shawl Ministry

The Prayer Shawl Hui is meeting at KLC on Thursdays from 9:00—11:00. But be aware that there may be times we need to change that. Please join us to make shawls, pick out a shawl to give away (or keep for yourself) or just sit and talk. We would love to see you.

God bless,

The Prayer Shawl Hui



**Church
Council**

Next Meeting will be:
November 17th at 7:00
p.m. Via Zoom

Men's Hui



MEN'S GROUP

Next Meeting:
When Scheduled

All are Welcome

Administrative Office Hours:

Monday thru Thursday:
9:00 AM—5:00 PM
Friday:
9:00 AM—4:00 PM



"LIKE" US ON FACEBOOK

If you haven't already "liked" our page:
www.facebook.com/KiheiLutheran
go ahead and do so to be the most up-to-date on
upcoming church events. A link is already on the church
website!

Our Church Directory is Online!

View our church directory online or via the
FREE mobile app today.

To view the directory online, go to members.InstantChurchDirectory.com and follow the prompts under “Sign In” to “Create a login now.” Please remember, you must confirm your email address before you can sign in.

There is also a free mobile app available for download at the Apple® App store in iTunes®, Google Play™ store and the Amazon Fire App Store. Simply search for “**Instant Church Directory**” to get the download.

You will need to use your email address as listed in our directory to create a log-in the first time you use the directory online and via the mobile app. Please make sure the church has your current email or you won't be able to access the directory. Just email Cate with your name, email, phone number, address, and any other information and she can get you into the directory.

If you would like to update your information, please email Cate with your changes. If you would like a printed version, please let the office know.

Please note that the directory is still a work in progress and is being updated regularly.

Need help or have questions?

Please contact : Cate at klc@kiheilutheran.org



Our Church Directory is powered by *Instant Church Directory*.

HAU'OLI LA HANAU! (Happy Birthday!)

Tony Wakefield	11/1
Natalie Proctor	11/2
Joy Steben	11/3
Shawna Handley-Stiller	11/7
Darrell Pierson	11/7
Elvin Kamoku	11/8
Joel Rudow	11/9
Kamaehu Spencer	11/9
Tom Rekow	11/9
Michelle Beyersdorf	11/10
Peggy Crossen	11/10
Raymond Steben	11/11

Evelyn Kaya	11/13
Patricia Duckworth	11/14
Quinn Hottendorf	11/17
Andrew Lawson	11/17
Gail Holt	11/19
Ed Shafer	11/19
Peggy Alexander	11/20
Linda Hangartner	11/21
Johnny Romerdahl	11/22
Margaret Luteijn	11/24
Ulla Rothschild	11/27
Morgan Stoltzfus	11/28



HAU'OLI LA HO'OMANA'O! (Happy Anniversary!)



John & Dori Thorngren	November 2, 1991
Shane & Deidre Tegarden	November 9, 2002
Dave & Heather Ballaine	November 26, 1993

Kihei Lutheran Church November 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1—All Saints Day 9am Worship 1pm Korean Acts Church 5pm Tongan United Methodist	2 10am Faith Journey—Zoom	3 12pm Al-Anon—Outside	4 5pm Tongan United Methodist	5 9am Prayer Shawl Hui—Outside 5pm KLC Zoom Happy 40 Min	6 12pm Al-Anon—Outside 3pm Recital Rehearsal 6pm Korean Acts Church	7 9am KKE
8 9am Worship 1pm Korean Acts Church 5pm Tongan United Methodist	9— Committee Meeting Day—All Meetings online, over the phone or by email 10am Faith Journey—Zoom Admin Committee Adult Ed Committee Fellowship Committee Finance Committee Property Committee Worship Committee Youth & Family Committee	10 12pm Al-Anon—Outside 5pm Finance Committee via Zoom	11 5pm Tongan United Methodist	12 9am Prayer Shawl Hui—Outside 5pm KLC Zoom Happy Hour	13 12pm Al-Anon—Outside 3pm Recital Rehearsal 6pm Korean Acts Church	14
15 9am Worship 1pm Korean Acts Church 5pm Tongan United Methodist	16 10am Faith Journey—Zoom	17 12pm Al-Anon—Outside 7pm Church Council via Zoom	18 5pm Tongan United Methodist	19 9am Prayer Shawl Hui—Outside 5pm KLC Zoom Happy Hour	20 12pm Al-Anon—Outside 3pm Recital 6pm Korean Acts Church	21
22 9am Worship 1pm Korean Acts Church 5pm Tongan United Methodist	23 10am Faith Journey—Zoom	24 12pm Al-Anon—Outside	25— Newsletter Deadline 5pm Tongan United Methodist	26— Thanksgiving—Office Closed	27— Office Closed 12pm Al-Anon—Outside 6pm Korean Acts Church	28
29 9am Worship 1pm Korean Acts Church 5pm Tongan United Methodist	30 10am Faith Journey—Zoom	1 12pm Al-Anon—Outside	2 5pm Tongan United Methodist	3 9am Prayer Shawl Hui—Outside 5pm KLC Zoom Happy Hour	4 12pm Al-Anon—Outside 6pm Korean Acts Church	5 9am KKE
		to call	People to	check in	on them	
	Don't Forget	to call	People to	check in	on them	
	Don't Forget	to call	People to	check in	on them	



Staff

Pastor Joel Martyn
 Music Coordinator Beth Fobbe-Wills
 Church Administrative Asst. Cate Evert
 Bookkeeper Sue Whitney
 Nursery Attendant Lucinda Davis

Worship Area Coordinators

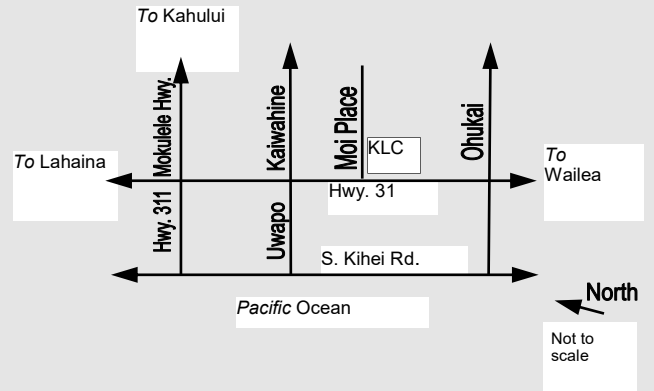
Assisting Ministers Zel Terluin
 Chimes & Choir Director Beth Fobbe-Wills
 Communion Assistants Betty Misner
 Flowers Andrea Harris
 Readers Nancy Meyer
 Refreshments
 Ushers Duane Chaney

Other Contacts

Treasurer Margie Terluin
 Financial Secretary Sally Handley
 Hula Group Cate Evert
 E-mail Prayer Chain

SUNDAY WORSHIP

9:00 AM



Kihei Lutheran Church
 220 Moi Place, Kihei, HI 96753
 Phone: 808/879-7979
E-mail Address:
klc@kiheilutheran.org
Website Address:
www.kiheilutheran.org
Parsonage:
 2218 Auina Place, Kihei, HI 96753

“Where all know they are beloved children of God”

Address Correction Requested

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